



ACTIVITY SHEET

Abu chuibhl' – A Gaelic spinning song

Lyrics

Abu chuibhl', abu chuibhl'

Abu, abu chuibhl' i

Abu chuibhl', abu chuibhl'

Abu, abu chuibhl' i

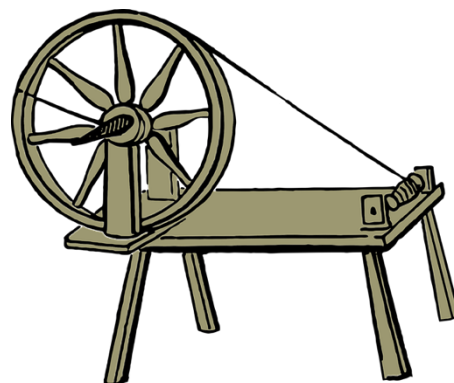
Activity 1

Weave a mat using cardboard or sticks as a base. Cover it with wool, thread or string to make your mat. You could weave the wool in and out or just wrap it round.



Activity 2

Find out about the process of spinning and see if you can locate places which still spin wool today in the traditional style.



Activity 3

Explore the different material clothes and furniture are made of and see if you can find any that have wool in them.



Activity 4

Make your own clothes / furniture from recycled materials or turn an item of clothing you are going to throw out into something else e.g. a bag or football.

