

# Fit Like The Day!

$\text{♩} = 133$

Verse 1

Voice: The play-ful deer a - roam-ing in the woods a - lert and free. An owl, wise and

Flute: *f*

Clarinet 1 in B $\flat$ : *p*

Chanter: *p*

Alto Saxophone 1

Harp: *p*

Easy Piano

Piano

Acoustic Guitar: D G D A Bm

Electric Guitar: *p*

$\text{♩} = 133$

Xylophone

Violin

Violin 2

Violoncello: *p*

10

Voice

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

gld ing — mak-ing us all feel so calm — Dol-phins div-ing in the sea, seals bask-ing in the sun — We walk a - long the

18

[Chorus]

Voice

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

beach — feel-ing luck - y ev - ery day — so we say Fit like the day, hey! Fit like the day, hey! Wea-rie or cheer - ie

24

Voice: let me hear you say: Fit like the day, hey! Fit like the day, A - ber deen-shire's the best, and we're proud of whaur we stay

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. A D D G A7 D

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

29

Voice: Verse 2 White hor-ses rise and fa'on waves that turn in - to spray Fresh air wa-ter ris ing the

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. D G D A Bm G

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

37

Voice: fut A-re's ho-ri zon — Sit-ting on the har-bour wall, we crouch and count the fish — The bridge and glisten-ing river — the\_

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

45

Voice: rip-ples set us free — so we say Fit like the day, hey! Fit like the day, hey! Wea-rie or cheer-ie let me hear you say: Fit like the day, hey! Fit like the day, A-ber

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

Chorus

Verse 3

53

Voice: *deen-shire's the best and we're proud of whaur we stay* *Fields of seed and bar ley* *Yel-low green and gawd*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. *G A7 D D G D*

E. Gtr.

Xyl.

Vln. *mf*

Vln. 2 *mf*

Vc.

60

Voice: *Gow-den ea-gles screech and soar a-cross a bright blue\_sky* *Deer hide in Lo-gie Woods where badg ers build their dens*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. *A Bm G A A7 D G D*

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc. *pizzicato f*

68

Chorus

Voice: We\_ look up to the skies\_ and wond-er if it ends\_ so we say Fit like the day, hey! Fit like the day, hey! Wea-rie or cheer-ie

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. A Bm G A7 D D G

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc. arco

76

Instrumental

Voice: let me hear you say: Fit like the day, hey! Fit like the day, A-ber deen-shire's the best and we're proud of whaur we stay

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. A D D G A7 D Em

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

84 Verse 4

Voice: *The De-veron, U-rie and the Don, slide*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

93

Voice: *quiet-ly through the loons— The flow-ing ri-vers in-vite me— for a dook in tae the Dee— Al-ber't's cairn, Bal - mor-al cas-He, ma*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

101 Chorus

Voice: *jes-tic Loch-na gar — Fae the posh and rich to the poor and skint, the\_sights we all do see. — so we say Fit like the day, hey! Fit like the day, hey!*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. *D A Bm G A7 D D*

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

109

Voice: *Wea-rie or cheer-ie let me hear you say: Fit like the day, hey! Fit like the day, A-ber deen-shire's the best and we're proud of whaur we stay*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. *G A D D G A7 D*

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

116 Verse 5

Voice: Sea-gulls fly-ing o-ver head, they look out on the world — As they watch all the schools — come to-ge-ther to be one

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. *D G D A Bm G A*

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

124

Voice: — There's lots of ways to climb, ex-plore, whilst buzz-ards fly a bove — New ad-ven-ture flow-ing for ward — as we

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. *A7 D G D A Bm G*

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

131 Chorus

Voice: reach to - wards the clouds\_ so we say Fit like the day, hey! Fit like the day, hey! Wea-rie or cheer -ie let me hear you say: Fit like the day, hey!

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. A7 D D G A D

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

138 Verse 6

Voice: Fit like the day, A-ber deen-shire's the best\_ and we're proud of whaur we stay The stand-ing stanes o' Loan head

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr. D G A7 D D G

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

145

Voice: Tell me what you've seen? — The bon-nie views o' Ben-na chie, the\_ gaw-den tower-ing hill\_ Cas-tles glim-mer in the sun, all a-

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Ctr.

E. Ctr.

Xyl.

Vln.

Vln. 2

Vc.

153

Voice: round we see the trees\_ They'll be here in - tae the fu ture\_ what will life\_ be like then?\_ so we say Fit like the day, hey! Fit like the day, hey!

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Ctr.

E. Ctr.

Xyl.

Vln.

Vln. 2

Vc.

Chorus

161

Voice: *Wea-rie or cheer-ie let me hear you say: Fit like the day, hey! Fit like the day, A-ber deen-shire's the best and we're proud of whaur we stay Fit like the day, hey!*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

168

Voice: *Fit like the day, hey! Wea-rie or cheer-ie let me hear you say: Fit like the day, hey!*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.

172

Voice  
*Fit like the day, A - ber deen-shire's the best — and we're proud of whaur we stay*

Fl.

Cl. 1

Ch.

A. Sax. 1

Hp.

Pno.

Pno.

A. Gtr.  
Eb Ab Bb Eb

E. Gtr.

Xyl.

Vln.

Vln. 2

Vc.