



ACTIVITY SHEET

HÈ MANDU

Lyrics

Hè Mandu we like singing
Hè Mandu we like songs
Hè Mandu we like music
Hi ri o ro all day long
Hè Mandu Hi ri oro
Ho ro hù ò

Activity 1

Have a go at putting your favourite things into the song to create your own version!

Hè Mandu...

Hè Mandu...

Hè Mandu...

Hi ro oro...

Hè Mandu...

Ho ro hù ò...



Activity 2

Try keeping the rhythm of this song by sitting down and tapping the palms of your hands on your knees. When you get used to that, try and come up with more complicated rhythm patterns.



Activity 3

Watch a great version of the original song recorded in 1955 on the Isle of Lewis and heard on 'Music of the Western Isles' GreentraxCD9003 and then check out the Inverness Gaelic Choir video on their website for another example of waulking songs.

