



ACTIVITY SHEET

Gaelic Puirt

Lyrics

Thoir a nall Ailean Thugam

Thoir a nall Ailean 'ugam, Ailean 'ugam, Ailean agam
Thoir a nall Ailean 'ugam, seatadh e an t-ùrlar

Ceann ruadh air a ghille, buidhe ruadh air a ghille
Ceann ruadh air a ghille mar a bh' air a' mhàthair

Thoir a nall Ailean 'ugam, Ailean 'ugam, Ailean agam
Thoir a nall Ailean 'ugam, seatadh e an t-ùrlar

Ribinnean Rìomhach

Ribinnean rìomhach nighean an fhìdhleir,
Còta dimitidh, beatagan cailleago,
Ribinnean rìomhach nighean an fhìdhleir,
Còta sìod' air Màiri.

Brògan àrda, còta sgàrlaid,
Còta dimitidh, beatagan cailleago,
Brògan àrda, còta sgàrlaid,
Ribinnean rìomhach Màiri.

Activity 1

Port à Beul is a type of mouth music. Can you find out more about this form of music, where it came from, and when it was often used?



Activity 2

Can you write your own piece of mouth music using the information you have found out about this style of music? You will find some more examples of it on YouTube if you need some more inspiration.



Activity 3

Using YouTube, find some videos of people doing step dancing and try out some of the steps and rhythms their feet are making. Fèis Rois has a short introduction here:

<https://youtu.be/mpwwwLs21HE>



Activity 4

Create your own dance routine using the new steps you've learnt and try them out to Carrié songs. Can you sing and dance at the same time?!

